



# Posey® Self-Releasing Padded Belt 4126Q & 4126V Application Instructions



**Rx ONLY**

**DESCRIPTION OF PRODUCT:** Self-releasing padded belt for wheelchair or hospital bed.

**INTENDED USE:**

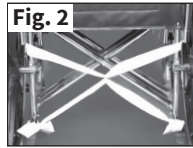
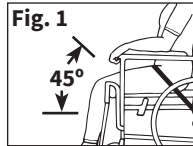
- To protect patients by securing them to a wheelchair or hospital bed. This device also provides a reminder not to self-ambulate without assistance by requiring the patient to release the device at the waist prior to exiting. For patients assessed to:
  - Be at risk of unassisted wheelchair, or hospital bed exits.
  - Need a positioning device to assist with medical treatment.
- Follow your hospital's restraint policies and procedures that are compliant with USA CMS guidelines and state laws, or other governing agencies outside the USA.

**CONTRAINDICATIONS:** None.

**CAUTION: RX Requirements:** This product is designed for self-release. If the patient is not able to easily self-release, the product is considered a restraint and must be prescribed by a physician. Refer to CMS Interpretive guidelines 482.3 (e)(1)(i)(A).

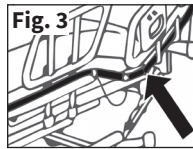
**APPLICATION INSTRUCTIONS FOR WHEELCHAIR:**

- Position the patient as far back in the seat as possible, with the buttocks against the back of the wheelchair.
- Place belt around the patient at smallest part of the waist, or just above the hip, with the foam facing in.
- Bring the ends of the connecting straps down at a 45° angle between the seat and the wheelchair sides (Fig. 1). Criss-cross the straps behind the chair and draw them around the opposite-side kick spurs (Fig. 2).
- Secure the connecting straps, out of the patient's reach, using quick-release ties. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them, or if the chair is adjusted.
- The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
- The patient may release the belt by opening the quick-release buckle or hook-and-loop fastener.



**APPLICATION INSTRUCTIONS FOR HOSPITAL BED:**

- Bring the belt around the patient's waist with the foam pad facing in.
- Cross the straps behind patient and feed each strap through the positioning loops on the ends of the blue foam pad. The belt must be snug, but not interfere with breathing. To check for proper fit, slide an open hand (flat) between the belt and the patient.
- Secure each connecting strap around a part of the bed frame at waist level using a quick-release tie. Make sure that the straps are attached to the frame that moves with the patient (do not attach to side rail or head/footboard) (Fig. 3), out of the patient's reach. Check that the straps are secure and will not change position, loosen, or tighten if the patient pulls on them or if the bed is adjusted.



**PRECAUTIONS:** None.

**BED SAFETY:** Refer to the Food and Drug Administration (FDA), or other governing agencies outside the USA, for the most recent Hospital Bed Safety Guidelines and the bed manufacturer's instructions for use.



**POSEY SELF-RELEASING PADDED BELT:**

- REF 4126Q** Self-Releasing Padded Belt with Quick-Release Buckle (single strap with tie end)
- REF 4126V** Self-Releasing Padded Belt with Hook & Loop (single strap with tie end)

**WARNING:** Additional restraints may be needed ([visit tidiproducts.com](http://visit.tidiproducts.com))

- A clinical assessment and decision are required when used with a wound or surgical site, ostomy, colostomy, G-tube, hernia, monitoring line, or other surgical drains/tubes.
- A restraint applied incorrectly may cause patient injury or escape. Never apply product backwards or criss-cross the straps behind the patient. Make sure the straps cannot slide, loosen, or tighten if patient pulls on them. Readjust straps if wheelchair or hospital bed position changes.
- Some patients may require additional interventions in conjunction with a restraint in order to prevent injury to self or others.
  - If the patient pulls violently against the straps.
  - To prevent the patient from flailing or bucking up and down, causing self-injury.
- Make sure patient wears proper undergarments to protect skin.
- It is a clinical decision to decide when a restraint is no longer deemed safe.

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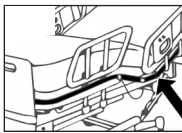
**ADDITIONAL SAFETY AND LAUNDERING INSTRUCTIONS ON OTHER SIDE.**

**For RX PRODUCTS ONLY.** Federal law (USA) restricts RX devices to sale by or on order of a physician. For use in a licensed healthcare facility only.

**STAFF TRAINING:** TIDI offers in-service training aids at no charge. Contact TIDI online at [www.tidiproducts.com](http://www.tidiproducts.com) or call toll-free at 1.800.521.1314.

**BEFORE APPLYING ANY RESTRAINT:** Follow your hospital's restraint policies and procedures that are compliant with USA CMS guidelines and state laws or other governing agencies outside the USA.

**⚠️ ADDITIONAL WARNINGS:**


1. ALWAYS monitor patient per facility policy. Improper application or use of any restraint may result in serious injury or death. Be aware that constant monitoring may be required for:
  - Aggressive or agitated patients; and
  - Patients in a supine position; ensure that being in this position would not cause any complications for those who are at risk of vomiting while being restrained.
2. NEVER alter or repair this product. ALWAYS inspect before each use: Check for broken stitches or parts; torn, cut or frayed material; or locks, buckles, or hook-and-loop fasteners that do not hold securely. DO NOT use soiled or damaged products. Doing so may result in serious injury or death. Dispose of damaged products per facility policy for BIOHAZARDOUS material.
3. ALWAYS secure straps to a part of the frame that moves with the patient (not foot/head board or siderails), out of the patients reach, using quick-release ties (see drawing below) or buckles. These allow easy release in the event of an accident or fire.
 

Test to make sure straps cannot tighten, loosen, or slip and create excess slack. If this occurs, the patient may slide off the chair or bed, increasing the risk of serious injury or suffocation. Restraint release is an important part of facility fire and disaster drills. Straps can be cut with scissors in an emergency.
4. NEVER secure restraint strap to side rail or head/foot board.
5. NEVER use Posey products on toilets, or on any chair or furniture that does not allow proper application as directed in the Application Instructions. DO NOT use at home.
6. NEVER expose this product to open flame, fire, smoking materials, or high heat sources. Some products may melt or ignite and burn. The facility smoking/no smoking policy should be strictly enforced.
7. NEVER use a Posey product as a seat belt in a moving vehicle. Posey products are not designed to withstand the force of a crash or sudden stop.
8. Test Zippers or hook-and-loop fasteners before each use. DISCARD device if it does not fasten securely.

**LAUNDERING INSTRUCTIONS** (if applicable):

- Fasten all buckles and locks to reduce risk of damage during wash and dry cycles. DO NOT put buckles or locks through extractors. For maximum life, launder in a laundry bag.
- Stainless Steel Locks: Posey recommends that locks be treated with a dryfilm lubricant (silicone) after each cleaning. For best results, spray a small amount into the lock. Work the action of the lock with a key several times to ensure that all the surfaces are well lubricated.
- Before laundering, zip up and turn the product inside out to protect zipper.
- Hook-and-loop fasteners may collect lint after repeated use or laundering, reducing grip strength. Fasten the “hook” to the “loop” before laundering to help prevent lint buildup. As needed, use a stiff-bristle brush to remove lint from the “hook” side.

• These products, other than foam products, can be machine washed under CDC guidelines for material soiled with blood or bodily fluid.



- For non-contaminated material, use lower temperature wash and dry cycles to extend product life.

• For foam products:

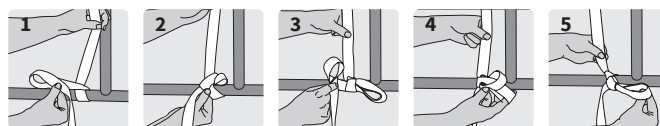


- Make sure products are completely dry before use.

**STORAGE AND HANDLING:**

- This device is designed for use in normal indoor environments.
- This device may be stored in ambient warehouse temperatures at normal humidity levels. Avoid excess moisture or high humidity that may damage product materials.

**HOW TO TIE THE POSEY QUICK-RELEASE TIE**



1. Wrap strap once around the frame that moves with the patient (do not attach to side rail or head/footboard), leaving at least an 8” (20 cm) tail. Fold the loose end in half to create a loop and cross it over the other end.
2. Insert the folded strap where the straps cross over each other, as if tying a shoelace. Pull on the loop to tighten.
3. Fold the loose end in half to create a second loop.
4. Insert the second loop into the first loop.
5. Pull on the loop to tighten. Test to make sure strap is secure and will not slide in any direction.
6. Repeat on other side. Practice quick-release ties to ensure the knot releases with one pull on the loose end of the strap.

**DISPOSAL:** Dispose of product according to local or facility guidelines if product is worn or damaged.